

# CALLING YOUR LEGISLATORS' DISTRICT OFFICES



## HOW TO CALL

1. Never called your legislator before and need a little help? Learn more [here](#).
2. To find your legislator's local or district office information, you'll have to log onto their website. You can also find that information and more about your legislators at [sojo.net/ElectedOfficials](https://sojo.net/ElectedOfficials).
3. Want a little extra help? Watch a walk-through video [here](#).

## SAMPLE CALL SCRIPT

Hi, my name is *[your name]* and I'm from *[city/state]*. I'm calling today to urge *[Senator/Representative]* to pass much needed pro-family, anti-poverty legislation that rebuilds our economy. Our district needs long overdue investments that will address problems that have plagued us for generations. Poverty is a policy choice, and you have the power to support policies that would:

- Invest in early childhood education and development through expanding access to Universal Pre-K for all 3- and 4-year-olds and creating more affordable child care;
- Permanent expansion of the Earned Income Tax Credit (EITC) and Child Tax Credit (CTC), with the included permanent refundability status for low-income families, which would serve as a historic middle- and lower-class tax cut that will enable people to cover basic household expenses and continue to lift millions of children out of the quicksand of poverty;
- Ensure millions of Americans finally have access to health insurance by closing the Medicaid coverage gap and expanded access to benefits in Medicare, including expanded post-partum coverage for new moms;
- Ensure that the extremely wealthy pay their fair share of taxes by including provisions that would make our economy more equitable and just.

This is why I am urging *[Senator/Representative]* to pass this kind of legislation to help us. From health care to child care to caring for our Earth, we believe this bill has the potential to bring good news to the people and communities across rural, urban, and suburban America. Can I count on them to protect my and my community's right to thrive and live in abundance? Thank you for your time.